

Defining your challenge

Type and size of institution	
Liaison challenge(s)	

Direct those ahead of the change

Vision	<i>What's the end goal? Why does it matter?</i>
Successes	<i>What's working really well? What can be improved?</i>
Milestones	<i>What are the highest priorities (i.e. what MUST change)?</i>

Motivate those who are lagging

Positive optimism	<i>How can you transform negative feelings associated with change into positive ones?</i>
Growth mindset	<i>What development opportunities exist? How can you encourage (safe) risk-taking?</i>
Shrinking change	<i>What are the smaller steps that comprise the bigger change?</i>

Shape the path towards change

Energize	<i>How can you inspire and motivate?</i>
Good habits	<i>What action triggers can you develop to encourage alternate habits?</i>
New environment	<i>How can you change the existing environment to boost different behavior?</i>

Dealing with obstacles

Lack of motivation	<i>Strategy</i>
It won't work	<i>Strategy</i>
Never done it before	<i>Strategy</i>
It's too much	<i>Strategy</i>

NOTES: